

mental illness... it's OK to TALK about it!!



Do you have a heart for changing the way people think about mental illness?

Do you wish people understood what you/your family are going through?

Do you know how to support a friend or family member dealing with mental illness?

If you want to change the way we respond to mental illness, gather your church & ministry leaders, Bible study or small group, friends & family to learn how we all can better respond to the struggles that affect 1 in 4 people.



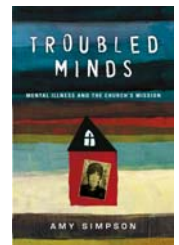
Amy Simpson

Mental illness...it's OK to TALK about it !!

Thursday, May 7, 2015

7:00 pm | Ozinga Chapel | Trinity Christian College, Palos Heights, IL

We are excited to share ways you and your church can better respond to mental illness. The event will feature **Amy Simpson**, speaker and author of the book ***Troubled Minds: Mental Illness and the Church's Mission***. Drawing on her family's experience, Amy, a pastor's daughter, will share the social and physical realities of mental illness and explore new possibilities for ministry to this stigmatized group.



As a follow-up to our May 7 event, a general informational meeting will be held at our Orland Park office on May 14 for individuals or churches curious about how to start a mental health support group. **CCCC will provide monthly professional facilitator support free of charge to individuals or churches who start a mental health support group.**

How to Start a Mental Health Support Group

Thursday, May 14, 2015

7:00 pm | CCCC Office | 15127 S 73rd Ave, Suite G, Orland Park, IL



These events are free of charge. All are welcome!



Please RSVP for one or both events.

Online <http://bit.ly/CCCCMay2015> | 708.845.5500 x111

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