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with offices in Chicagoland and Northwest Indiana

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[chicagochristiancounseling.org](http://chicagochristiancounseling.org) | [facebook.com/ChicagoChrisitanCounseling](https://facebook.com/ChicagoChrisitanCounseling)

## For Immediate Release

*Digital Press Kit Next page* or at [http://www.chicagochristiancounseling.org/files/2015MayEvents\\_presskit.pdf](http://www.chicagochristiancounseling.org/files/2015MayEvents_presskit.pdf)

From: Chicago Christian Counseling Center  
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## **“Mental Illness...it’s OK to talk about it!” - Mental Health Awareness Month Seminar features author Amy Simpson, MBA.**

ORLAND PARK, IL (March 9, 2015) - May is Mental Health Awareness Month and Chicago Christian Counseling Center is sponsoring a free seminar, “Mental Illness...it’s OK to talk about it!”, on Thursday, May 7, 2015 at 7:00 p.m. in the Ozinga Chapel at Trinity Christian College in Palos Heights, IL. The keynote speaker is Amy Simpson, Senior Editor of *Leadership Journal* and writer of numerous resources for Christian ministry, including the award-winning book *Troubled Minds: Mental Illness and the Church’s Mission*. Amy openly shares her own story of growing up with a mentally ill mother, and will show us a path to loving and supporting the people who suffer with mental illness and the families that suffer with them. Amy is passionate about helping individuals and church leaders better understand the facts about mental illness and explore new possibilities for ministry to this stigmatized group. The seminar will include a panel discussion.

As a follow-up to the May 7 event, Chicago Christian Counseling Center is also offering a general informational meeting, “How to Start a Mental Health Support Group” on Thursday, May 14, 2015 at 7:00 p.m. at our Orland Park office and will provide monthly professional facilitator support free of charge to individuals or churches interested in starting a mental health support group. Please [RSVP Online](http://chicagochristiancounseling.org/events.html) ([chicagochristiancounseling.org/events.html](http://chicagochristiancounseling.org/events.html)) for one or both events or call 800.361.6880 x111. Chicago Christian Counseling Center has offices throughout Chicagoland and Northwest Indiana and has been promoting health and wholeness through professional counseling, consultation and education from a Christian perspective since 1973.

*“Promoting health and wholeness through professional counseling, consultation and education from a Christian perspective.”*  
SINCE 1973

**Chicago Christian Counseling Center**  
**Digital Press Kit**  
**Mental Health Awareness Month Events**  
**May 7, 2015 - "Mental Illness...it's OK to talk about it!"**  
**May 14, 2015 - "How to Start a Mental Health Support Group"**

This is a digital press kit for the May 7 & 14, 2015 events sponsored by Chicago Christian Counseling Center (CCCC). CCCC is a 501c3 nonprofit organization founded in 1973 to promote health and wholeness through professional counseling, consultation and education from a Christian perspective. Each month CCCC's professional staff provides 1,500 individual/couple/family therapy sessions at 14 locations throughout Chicagoland and Northwest Indiana. CCCC offers options for clients needing financial assistance.

## Sample Text for digital announcement:

### (Announcement for May 7, 2015 - Seminar - Mental Illness...it's OK to talk about it! )

**Chicago Christian Counseling Center** is sponsoring a free mental health seminar, "[Mental Illness...it's OK to talk about it!](#)", during Mental Health Awareness Month on Thursday, May 7, 2015 at 7:00 p.m. in the Ozinga Chapel at Trinity Christian College in Palos Heights, IL. The keynote speaker is Amy Simpson, Senior Editor of *Leadership Journal*, Editor of *GiftedForLeadership.com* at *Christianity Today*, and writer of numerous resources for Christian ministry, including the award-winning book *Troubled Minds: Mental Illness and the Church's Mission*. Amy openly shares her own story of growing up with a mentally ill mother, and will show us a path to loving and supporting the people who suffer with mental illness and the families that suffer with them. [RSVP Online](#) or call 800.361.6880 x111.

### (Announcement for May 14, 2015 - Informational Meeting - How to Start a Mental Health Support Group)

**Chicago Christian Counseling Center** is sponsoring a free informational meeting, "[How to Start a Mental Health Support Group](#)", during Mental Health Awareness Month on Thursday, May 14, 2015 at 7:00 p.m. at our office, 15127 S 73<sup>rd</sup> Avenue, Suite G, Orland Park, IL. CCCC will provide monthly professional facilitator support free of charge to individuals or churches interested in starting a mental health support group. [RSVP Online](#) or call 800.361.6880 x111.

## Share Facebook Event:

<https://www.facebook.com/events/1468555826727325/>

## Links:

May 7 and May 14, 2015 Events Poster/Flyer:

<http://www.chicagochristiancounseling.org/files/2015May7Flyer-ok-to-talk-about-it.pdf>

May 7 & May 14, 2015 Events website page:

<http://www.chicagochristiancounseling.org/events.html>

RSVP online:

[http://www.chicagochristiancounseling.org/new\\_website\\_forms/rsvpforevent.htm](http://www.chicagochristiancounseling.org/new_website_forms/rsvpforevent.htm)

**Images:** Go to link. Once image has loaded, right-click image and select "Save As" to save it to a familiar location on your computer.

1. [http://www.chicagochristiancounseling.org/images/ccimages/15\\_05bubblewords.png](http://www.chicagochristiancounseling.org/images/ccimages/15_05bubblewords.png)
2. [http://www.chicagochristiancounseling.org/images/ccimages/15\\_05May7image.png](http://www.chicagochristiancounseling.org/images/ccimages/15_05May7image.png)
3. [http://www.chicagochristiancounseling.org/images/logo\\_teal.png](http://www.chicagochristiancounseling.org/images/logo_teal.png)



Need Help? Call Nancy 800.361.6880 x103