

One-Day Premarital Workshop

# Marriage 101:

## How to Do Marriage Well

**2021** Workshop Dates: **Mar 20** **May 15** **Jul 24** **Sep 25** **Dec 4**

COVID-19 NOTE: All workshops will be held virtually.

### Couples will learn:

- The Christian foundation for successful relationships
- The skills all happy couples possess
- Tips for mastering conflict
- Ways to grow daily in friendship, affection, and appreciation
- How to create shared meaning in your life

### What people have said:

*"This workshop provoked important discussion points with my partner."*

*"...so helpful to learn the strategies to reduce conflict and break the 'cycle'...we truly enjoyed every aspect and are so glad we came."*

*"Great content and course—so important for every couple."*

### Time:

9:00am - 4:00pm\*

\*Workshop begins at 9:00am sharp. Couples may log in 15 minutes ahead of time.

### Location:

All workshops will be virtual, although if things change with the COVID-19 pandemic, we may go back to in-person workshops.

### Cost: \$100 per couple

Includes all materials

NOTE: there is a \$25 non-refundable registration fee

### Workshop Facilitator:

Doug Hinderer, MA, LMFT

Doug, a husband of 40 years, father of nine children, and grandfather of five, is passionate about helping couples enjoy their marriage as God intended!



Doug Hinderer

### Register Online Now

[ChicagoChristianCounseling.org/CommunityCalendar.html](https://chicagochristiancounseling.org/CommunityCalendar.html)

Questions?

Call (708) 845-5500



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Promoting health and wholeness through professional counseling, consultation, and education from a Christian perspective.